

# SO YOU THINK YOU CAN DANCE

## HIP HOP STYLE

### DESCRIPTION

Hip Hop is a high energy, very popular dance style that has its roots in (obviously) hip hop music. Breaking, popping, locking, turfing, krumping, and jerkin' are all different forms of Hip Hop. If you're going to be working on a hip hop choreography, be sure to bring lots of energy, lots of energy, and some room for the occasional freestyle dancing.

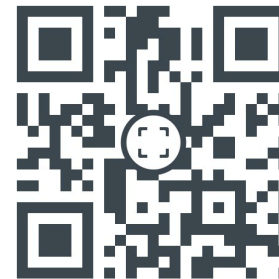
### MAIN POINTS

- Breaking, Popping, Locking
- Lots of attitude, lots of energy
- Fast-paced freestyle dancing

### RESOURCES



[Hip Hop Wikipedia Page](#)



[Hip Hop Video One](#)



[Hip Hop Video Two](#)



[Types of Synchronization](#)

### SONG CHOICES

**"Want U Back"**  
Cher Lloyd

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## JIVE STYLE

### DESCRIPTION

This dance form is an example of a partnered dance. In classes a choreographed sequence is generally taught, but in practice it is an improvised dance.

Jive in all its various forms is danced to a broad range of popular music that is simple to learn, but tricky to master. It has its origins in Lindy hop, but borrows/shares moves from many other dance styles. Its moves are often simpler to learn because of its simpler footwork so it lacks the complexity that deter beginners from say Salsa. Moves are danced on every beat (there is no undanced beat like in Salsa) and so the dance has a flow to it, that some people prefer.

Source: [Dance Central](#)

### MAIN POINTS

- Partner dance which is mainly danced in closed form (holding hands)
- Very upbeat dance which is very grounded (knees always slightly bent)
- Tricks (like flips and jumps and turns) are often prominent in this style.

### RESOURCES



[Jive Wikipedia Page](#)



[Jive Video One](#)



[Jive Video Two](#)



[Types of Synchronization](#)

### SONG CHOICES

**"Do Your Thing"**  
Basement Jaxx

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## CONTEMPORARY STYLE

### DESCRIPTION

Contemporary dance is a free style that is created through improvisation and interpretation of the music. It draws its style and technique from many styles of dance including classical ballet, jazz, and street dances. It's all about movement, space and expression.

### MAIN POINTS

- Can range from a very classical style of dance to a very urban style of dance which uses classical technique.
- Is usually danced barefoot and to contemporary (modern) music of all sorts.
- Is a style which often involves large movements, leaps and turns. It is a dance which expresses something.

### RESOURCES



[Contemporary Wikipedia Page](#)



[Contemporary Video One](#)



[Contemporary Video Two](#)



[Types of Synchronization](#)

### SONG CHOICES

**"Dog Days Are Over"**  
Florence + The Machine